

INSTRUCTIONS FOR PERIODONTAL AND IMPLANT SURGERY

SURGERY WITH INTRAVENOUS SEDATION

1. Discontinue the use of aspirin and non-steroidal anti-inflammatory drugs (Advil, Motrin, Vitamin E, etc) for 10 days prior to surgery. Tylenol is fine.
2. You cannot operate an automobile after surgery, if sedated, so please arrange for a ride home.
3. Avoid any beverages containing caffeine for 24 hours prior to the procedure.
4. Do not eat or drink anything 4 hours prior. If your surgery is in the afternoon, eat a good breakfast. Take all current medications prescribed by your physician including your BLOOD PRESSURE MEDICATION if you take it.
5. If you require antibiotic premedication for heart murmur or prosthesis, please take as prescribed.
6. Ladies—please no colored nail polish or acrylics on the index finger of the right hand. It interferes with the pulse oximeter.
7. Wear loose and comfortable clothing to your surgical appointment
8. Diabetic patients should not take oral medication or insulin if a morning surgery is scheduled. Glucose monitoring finger stick machine should be brought to the office. .

SURGERY WITH LOCAL SEDATION

1. Discontinue the use of aspirin and non-steroidal anti-inflammatory drugs (Advil, Motrin, Vitamin E, etc) for 10 days prior to surgery. Tylenol is fine.
2. Avoid any beverages containing caffeine for 24 hours prior to the procedure
3. If you require antibiotic premedication for heart murmur or prosthesis, please take as prescribed.